

Price List from 27th May 2021



Martin Humphrey
1, Jack Scout Cottages, Silverdale LA5 0UA
01524 702185
Text: 07432 614734 (for John)
Text: 07938 522517 (for Martin)
www.martinhumphreymilk.weebly.com

Milk	Per pint (Whole; Semi-skim; Skim; Un-homogenised)	60p
	2Lt/1Lt poly pack (all types except Organic)	£1.85/£1.05
	Per pint Organic (Whole; Semi-Skim or Skimmed)	75p
	2Lt/1Lt poly pack Organic (Whole; Semi or Skim)	£2.05/£1.20
	1 Lt Lacto-Free	£1.75p
Eggs	Per half dozen (Large Free Range)	£1.25
Long Life Juice	1 Lt Orange, Pineapple or Grapefruit Juice	£1.40
	1 Lt Cranberry Juice	£1.45

Please order a day in advance:

Juice	Per pint Orange	78p
Yogurts	Longley Farm, Variety of Flavours 150g	42p
	Longley Farm Bio & Full Fat/Greek 450g	£1.15/£1.25
	Alston Low Fat, Various Flavours	40p
Cream	10oz; 5oz Double Cream	£1.46/£1.00
	10oz; 5oz Whipping Cream	£1.36/90p
	10oz; 5oz Single Cream	£1.16/80p
	Crème Fraîche	92p
Cheeses	Shorrock's Creamy Lancs 460g/230g	£5.80/£4.40
	Longley Farm Cream Cheese	£1.20
	Cottage Cheese (Full/Zero Fat/Pineapple/Chives)	£1.10
Water	1 Lt Still or Sparkling Mineral Water	95p
Wild	1 Kilo Mixed Seed	£1.40
Bird Food	1 Kilo Peanuts/ Sunflower Hearts	£2.45/£2.60
Soya Milk	1 Lt Alpro Soya	£1.45
Oat Milk	Per pint	95p
ButterMilk	Per 500ml	£1.10

Please order by Tues for delivery Friday/Saturday:

Potatoes	1-4 Kg/5 Kg and over	80p/75p per Kg*
	Sack (25 Kg)	£9.00*
	New Potatoes	As Available

* Potato Prices usually rise for a while in early summer